

**FAMILY SERVICE TORONTO  
SENIORS AND CAREGIVERS SUPPORT SERVICES**

# **CAREGIVER DISCUSSION GROUP**

**For those who are caring for or concerned about an elderly parent, spouse, partner, relative or friend.  
Exchange ideas, offer support, share experiences.**

**Date:** **Tuesdays: 4 - 6 p.m.**  
**Sept.10, Oct.8, Nov.12, Dec.10, 2019**  
**Jan.14, Feb.11, Mar.9, 2020**

**Location:** **355 Church Street.**

No parking onsite



**Facilitator:** **Lynne Gallagher**

**Registration:** **Pre-registration required**  
Please call Family Service Toronto's Access Unit at  
**416.595.9618**

**No fee - Donations welcome.**

Family Service Toronto welcomes diversity and is committed to a policy of equity and inclusion.  
[www.familyserVICEToronto.org](http://www.familyserVICEToronto.org)